



LOGAN UNIVERSITY

SYMPOSIUM 2026

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Schedule

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Thursday, April 30, 2026

12:00 pm-2:00 pm	CPR Training Session I	Online Pre-Work Required William M. Harris DC Sports & Wellness Center
3:00-5:00 pm	CPR Training Session II	Online Pre-Work Required William M. Harris DC Sports & Wellness Center
3:00-6:00 pm	Early Symposium Registration/Check-in	Purser Lobby
4:30-6:30 pm	Benefactor Reception	Invite Only Chesterfield Drury Hotel Ballroom

Friday, May 1, 2026

6:00-7:50 am	Symposium Registration			
7:50-8:10 am	Welcome and Opening Remarks		Walters Auditorium	
8:10-9:00 am	Annette Schippel, DC ('98) <i>Standard Process</i>	Hot and Bothered: Implications of Stress in our Post Menopausal Women	Every day nearly 6,000 women in the U.S. enter menopause, yet most are left navigating this transition with more questions than answers. In this lively session, explore why menopause is about far more than shifting hormones—and why adrenal health and stress may be the missing pieces in helping patients find balance. Learn practical insights to better understand and support women through this stage of life. With the right approach, your patients can go from hot and bothered to cool, calm, and confidently thriving.	Walters Auditorium
9:10-10:00 am	Dan Murphy, DC, DABCO <i>Nutri-West</i>	The 2021 Nobel Prize in Physiology or Medicine and Chiropractic Care	This one-hour presentation explores the significance of the 2021 Nobel Prize in Physiology or Medicine and its relevance to chiropractic care, with a focus on the mechanics of position, movement, and touch. Participants will examine how touch functions as a powerful mechanical and neurological stimulus, influencing brain processing and systemic physiology. The session connects Nobel Prize-recognized science to foundational chiropractic principles, highlighting touch and mechanics as essential components of the chiropractic adjustment.	Walters Auditorium
10:00-10:40 am	Refreshment Break —Sponsored by <i>Standard Process</i>		Purser Lobby	

Friday, May 1, 2026 *continued*

Concurrent Sessions

10:40 am- 12:20 pm	Sherry McAllister, DC, M.S. (Ed) CCSP, PAF, FACC <i>Foundation for Chiropractic Progress</i>	Neural Integrity and the Framework of the Whole-Being Health: Integrative Strategies for Personalized Care	Learn how to apply a personalized, neurophysiology-based care model that prioritizes neural integrity to enhance resilience, reduce chronic disease risk, and improve whole-person health through prevention-focused, patient-centered strategies.	Walters Auditorium
	Kristine Tohtz, DC, LAc, DAB-CA, DABCP, CACCP, IFMCP	Functional Medicine and Acupuncture Support for Fertility Optimization	Explore the chiropractor's role in perinatal care by learning how to support fertility, pregnancy, and maternal-infant health through targeted assessment, integrative strategies, and patient-centered guidance.	North Mabee Hall
	Kristi Hudson, CPCO <i>ChiroHealthUSA</i>	Technology to Improve Outcomes Through Patient Engagement and Practice Efficiency	Discover how to leverage modern technology to enhance patient-centered care and engagement, meeting today's on-demand healthcare expectations while strengthening outcomes, communication, and practice growth.	ADM 142A
	Weston Holzinger, DC ('16), MS ('16), DABCI	Liver Let Live!	Liver health is often oversimplified—and sometimes misrepresented—by popular “detox” trends. This session cuts through the noise to deliver an evidence-informed, holistic approach to diagnosing and supporting liver and metabolic health through sound medical standards, nutrition, and lifestyle strategies.	ADM 142B
	Christopher Fahs, PhD, CSCS, CEP	Tailored Exercise Recommendations for Improving Health	Learn how to apply the latest physical activity guidelines and evidence-based exercise strategies to safely design personalized programs that improve cardiometabolic health, body composition, and outcomes for both healthy patients and those with chronic conditions.	ADM 156A
	Jennifer Kane, DC ('01), FIAMA	Acupuncture for the Effects of Cancer Treatment	Cancer treatment is more than survival—it's about quality of life. Learn how acupuncture can support patients through fatigue, pain, neuropathy, and emotional distress as part of a safe, integrative approach to cancer care.	ADM 156B
	Jeffrey S. O'Guin, DC ('08)	The Minimalist Rehab Toolkit: Do More with Less	Discover how to deliver effective, evidence-based active care using minimal space and equipment by applying a practical movement and rehab framework that builds strength, confidence, and long-term resilience in patients.	ADM G134

Friday, May 1, 2026 *continued*

12:20-1:30 pm	Scholarship Reception	Invite Only Standard Process Student Center
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12:20-1:30 pm	Lunch — <i>Food Trucks</i>	Around the Fountain
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Concurrent Sessions

1:30-3:10 pm	Dan Murphy, DC, DABCO <i>Nutri-West</i>	Strategies for Health, Longevity, Wellness and Function	Most people are surviving—but not thriving. Discover how the right nutrients and targeted supplementation can reduce inflammation, support longevity, and optimize health at the biochemical level.	Walters Auditorium
	Rachelle Rider, DC	Feet: Foundation of Life	Learn how to assess and correct foot imbalances through hands-on techniques that restore foundational alignment, improve whole-body function, and deliver lasting results that set your practice apart.	North Mabee Hall
	Kristi Hudson, CPCO <i>ChiroHealthUSA</i>	Compliant Social Media Advertising	Learn how to confidently advertise chiropractic services on social media by creating effective, compliant campaigns that reach the right audience, meet regulatory standards, and deliver measurable results.	ADM 142A
	Gina Scognamiglio, DC ('99), CCSP, CES, CPEP	Falls, Balance and Functional Mobility: The Chiropractor's Role	Learn simple, evidence-based screening and balance strategies chiropractors can use to reduce fall risk and improve mobility, stability, and confidence in middle-aged and older patients.	ADM 142B
	Elena Doctor, MS, CSCS, CSPS	The Exercise Design Process: A Big-Picture Approach to Applying Strength and Conditioning Principles	Learn a streamlined, strength-and-conditioning-based approach to exercise program design that equips clinicians to evaluate movement, prescribe and progress exercises, and optimize rehabilitation and performance across all populations and fitness levels.	ADM 156A
	Mackenzie McNamara, DC ('13), HIS <i>Food Enzyme Institute</i>	Viscero-Somatic Stress in Chiropractic Practice	Chronic stress drains the body's energy reserves and disrupts physical, emotional, and metabolic balance. This two-hour session reveals how stress and macronutrient deficiencies drive energy depletion—and how to identify the true source through practical, case-based clinical assessment.	ADM 156B

Friday, May 1, 2026 *continued*

Concurrent Sessions

3:30-5:10 PM	Stuart Yoss, DC, CCSP, ART	From the Training Room to the Treatment Room: Unlocking the Brain Body Connection for Rapid Recovery and Optimal Performance	Discover how the nervous system can become your most powerful performance and healing tool. This dynamic, neuroscience-driven session reveals how neuromodulation turns the brain-body connection into a real-time therapeutic advantage—delivering faster recovery, reduced pain, and elevated outcomes in both athletic performance and clinical care.	Walters Auditorium
	Blake Butler, DC ('16); Jeff Gelband, DC, DABCI; & Alexis Mikrut, DC, MS <i>Aligned Modern Health</i>	Beyond Cholesterol: A New Era of Cardiometabolic Assessment	Move beyond traditional risk assessments by learning a systems-based, functional medicine approach that uses advanced diagnostics to identify cardiometabolic risk early and personalize preventive care before disease develops.	North Mabee Hall
	Charbel Harb, DC ('09), LAc, Cert. DN	What if the Needle Isn't the Treatment—But the Reset Button	Discover how dry needling can become a game-changing skill in your chiropractic toolbox—delivering rapid results, elevating patient outcomes, and setting your practice apart while driving long-term professional and financial growth.	ADM 142A
	Navaz Habib, DC, AcuP, AFMCP	Upgrading the Vagus Nerve to Control Inflammation	Discover how to assess, activate, and sustain vagal health using the evidence-based VAGUS Protocol—gaining practical tools to enhance resilience, optimize the gut-brain axis, and drive lasting health transformation.	ADM 142B
	Phil Harrington, DC, CMLSO, FASLMS <i>Summus Laser</i>	Less RICE and more LASER: Revolutionary Care for Acute Injuries	Examine the science of photobiomodulation and emerging evidence challenging traditional icing protocols, using research and clinical cases to guide effective PBM treatment of acute injuries.	ADM 156A
	Kevin Utech, DC, CFMP	Hormone Help: How Knowing What and How to Test can Lead to Proper Treatment	Gain confidence in hormone care by learning what to test, how to test it properly, and how to interpret results to guide effective treatment of HPA axis, thyroid, and sex hormone imbalances in clinical practice.	ADM 156B
5:10-5:40 pm	Refreshment Break —Sponsored by Standard Process			Purser Lobby
5:40-5:50 pm	Beatrice B. Hagen Award Presentation			Walters Auditorium

Friday, May 1, 2026 *continued*

5:50-6:40 pm	Cindy Howard, DC, DABCI, DACBN, FIAMA, FICC <i>Protocol for Life Balance</i>	SHIFT. Elevating Practice Through Intentional Change	Burnout, stress, and negative thought patterns quietly shape how chiropractors show up for their patients—and how effective their care can be. This engaging course reveals how the brain's built-in negative bias impacts clinical performance, communication, and outcomes, and shows how intentional neurological rewiring can restore clarity, resilience, and purpose. Attendees will walk away with practical, immediately applicable strategies to elevate their mindset, reduce burnout, and create a more powerful healing environment for both doctor and patient.	Walters Auditorium
6:45-8:30 pm	Logan LIVE and DC Alumni Reunions			Under the Tower

Saturday, May 2, 2026

6:00-7:50 am	Symposium Registration			Purser Lobby
7:50-8:00 am	Welcome and Opening Remarks			Walters Auditorium
8:00-8:10 am	Spirit of Logan Award Presentation			Walters Auditorium
8:10-9:00 am	Brad Beira, MTechC, ICSSD, BComLaw, LMM	The Power and Value of Chiropractic Care Across the World	This presentation traces the 130-year evolution of chiropractic from its origins to its current global presence, highlighting key milestones in education, regulation, advocacy, and community impact. Attendees will gain a clear understanding of the profession's worldwide reach, legislative landscape, and the challenges and opportunities shaping chiropractic's future.	Walters Auditorium
9:10-10:00 am	Brian Jensen, DC <i>Foot Levelers</i>	Neuroplasticity in Practice: Intentional Strategies to Address Chronic Stress and its Effect on Pain, Posture and Functional Movement	Discover how chronic stress reshapes the brain and body—and learn practical, science-based strategies to restore balance, reduce pain, and enhance posture, movement, and resilience through neuroplasticity.	Walters Auditorium
10:00-10:40 am	Refreshment Break—Sponsored by Standard Process			Purser Lobby

Saturday, May 2, 2026 *continued*

Concurrent Sessions

10:40 am- 12:20 pm	Alan Sokoloff, DC, DACBSP <i>Premier Practice Consultants & ChiroHealthUSA</i>	No Better Time Than Now to be a Sports Chiropractor—Managing the Risk	There's no better time to pursue sports chiropractic—learn the clear steps, essential tools, and risk-management strategies needed to confidently build, protect, and sustain a successful role in sports medicine from your first patient to the highest levels of competition.	Walters Auditorium
	Delilah Renegar, MSACP, DC, MD, DABCI, DACBN <i>Aligned Modern Health</i>	Synbiotics and Fiber Changing the Landscape of the GUT from GLP-1 to Osteoporosis	Explore cutting-edge research on the gut microbiome to learn how targeted fiber and synbiotic strategies can influence GLP-1 activity and bone metabolism, offering clinicians powerful, prevention-focused tools to address metabolic disorders and osteopenia/osteoporosis.	North Mabee Hall
	Michael Carberry, DC <i>Advanced Medical Integration (AMI)</i>	Enhancing Clinical Outcomes Through Integrated Treatment Plans	Learn how medical integration can help chiropractors evaluate patients more efficiently, expand clinical services, and deliver faster, better outcomes—strengthening both patient care and practice success in today's competitive healthcare landscape.	ADM 142A
	Ron R. Castellucci, BS, DC ('88), ACP <i>ICPA</i>	Pediatric Neurological Assessment & Gentle Adjusting Techniques	Discover how to safely and confidently care for the developing spine by learning to assess primitive reflexes and apply gentle pediatric adjustment techniques that support healthy neurological development and build lasting trust with families.	ADM 142B
	Anna-Marie Ziegler, DC, MM, MS	What's Going on in my Arm? From Numbness to Function: Mastering Upper Extremity Entrapments in Your Chiropractic Practice	Sharpen your diagnostic precision and expand your treatment toolkit by learning efficient, evidence-informed strategies to confidently evaluate and manage common upper extremity peripheral nerve entrapments in everyday chiropractic practice.	ADM 156A
	Jill Pratte, DHPE ('22), MS, LAT, ATC; Brittany Ramirez, DC ('15), MS ('18), LAT, ATC, CCSP; & Jose Ramirez, DC ('09), MHA, MS ('14), MTA	Taping Techniques for Upper Extremity Sport-Related Injury	Develop hands-on proficiency in evidence-informed upper extremity taping techniques—covering thumb, elbow, wrist, and AC-joint injuries—to safely support athletic performance, recovery, and return to play.	SC 018-019
12:20-1:30 pm	Lunch—Food Trucks			Around the Fountain
12:20-1:30 pm	Invest in Logan: A Luncheon Conversation with Drs. Nowman and Yochum			Invite Only William M. Harris, DC Sports & Wellness Center

Saturday, May 2, 2026 *continued*

Concurrent Sessions

1:30-3:10 pm	Brian Jensen, DC <i>Foot Levelers</i>	Using Technology in the Assessment of Posture and Functional Movement: Achieving and Quantifying Positive Patient Outcomes	Learn how to leverage modern posture and functional movement technology to identify dysfunction, guide evidence-based care, and objectively measure patient progress while optimizing outcomes through targeted, high- and low-tech interventions.	Walters Auditorium
	Norman W. Kettner, DC ('80), DACBR, DCBCN, FICC	Connectivity of the Human Cortex Utilizing fMRI: Insights for Chronic Pain Neuromodulation	Explore how cutting-edge fMRI research reveals changes in brain connectivity and neuroplasticity in chronic pain—and how neuromodulation through integrative care may improve patient outcome.	North Mabee Hall
	Scott Bergman, DC	Nutritional Strategies for Joint Pain, Inflammation and Injury Prevention	Learn how to identify and address the root causes of chronic inflammation—nutrient depletion, endocrine imbalance, and mitochondrial dysfunction—using practical, next-day protocols to improve patient outcomes.	ADM 142A
	Pat Luse, DC, DABCO, CCST, CCRP	Cutting-Edge Tools in Chiropractic Biohacking	Discover how to cut through the biohacking hype and apply practical, no-cost longevity strategies—using simple visual assessments and timeless principles—to help your patients live healthier, longer lives.	ADM 142B
	Jen Santos, DC, DACCP, IBCLC & Kristen Hosaka, DC, CACCP <i>ICPA</i>	The Pregnancy Dyad: Exploring the Impact of Fascial Restrictions on Pregnancy, Birth and Breastfeeding	A chiropractic perspective on how fascial tension influences the maternal-infant connection from womb to weaning.	ADM 156A
	John Davila, DC	Using PART to Create Functional Documentation to Show Medical Necessity	Learn how proper case creation and documentation clearly demonstrate patient progression through phases of care, reducing coding errors, compliance risk, and liability while accurately reflecting a patient's true clinical status.	ADM 156B
	Brittany Ramirez, DC ('15), MS ('18), LAT, ATC, CCSP; Jose Ramirez, DC ('09), MHA, MS ('14), MTAA; & Jill Pratte, DHPE ('22), MS, LAT, ATC	Taping Techniques for Lower Extremity Sport-Related Injury	Master evidence-informed lower extremity taping techniques through hands-on instruction in ankle stabilization, pronation control, arch support, and ACL taping to safely support athletic performance and injury management.	SC 018-019

Saturday, May 2, 2026 *continued*

Concurrent Sessions

3:30-5:10 pm	Donald C. DeFabio, DC, DACRB, DABCSP, DABCO <i>SCRIPP</i>	Relevant Rehab: Extracorporeal Shock Wave Therapy (ESWT) for Pain Management	Learn how to integrate extracorporeal shock wave therapy into a multimodal, hands-on pain management approach—combining ESWT with exercise, manual therapy, and lifestyle strategies to deliver faster, more effective relief for patients with acute and chronic pain.	Walters Auditorium
	Stuart Yoss, DC, CCSP, ART	The Power of ART	Discover why Active Release Techniques (ART) is considered the gold standard in soft-tissue injury care as Dr. Yoss breaks down its core principles, biomechanics, and diagnostic approach. Through live demonstrations, attendees will learn how to use the ART diagnostic algorithm to uncover true sources of dysfunction and apply effective, results-driven treatment strategies.	North Mabee Hall
	Cheryl Burtle, DC, R.T.(R)(BD) (ARRT), CCD	DXA Essentials: Ordering Criteria and Report Interpretation	Order smarter and interpret with confidence. This practical session demystifies DXA imaging by showing you when to order the right scan, how to avoid common pitfalls, and how to translate DXA reports into clear, clinically meaningful decisions for patient care.	ADM 142A
	Brian Fitzpatrick, DC, CLS <i>Multi Radiance Laser</i>	Working LIGHT on your Feet: Portable Laser Therapy in the Sports Setting	Discover how to confidently and safely use portable low-level laser therapy—on the field, court, or in the clinic—through hands-on protocols and practical techniques for treating common sports injuries and enhancing athletic performance.	ADM 142B
	Magen Henry, DC, MS ('25)	Transformative Maternal-Child Care- Chiropractic's Role in Changing Birth & Childhood Outcomes	Examine chiropractic's evidence-informed role across the perinatal and pediatric continuum—addressing maternal comfort, birth biomechanics, infant and childhood musculoskeletal health, and long-term outcomes—while reimagining the profession's impact on maternal-childcare through collaboration and leadership.	ADM 156A
	Joseph Unger, DC ('79)	Chiropractic Treatment of Head Trauma	Explore how chiropractic assessment and care can address overlooked structural distortion patterns following traumatic brain injury, offering a unique, research-informed approach to supporting brain function beyond symptom management.	ADM 156B

Saturday, May 2, 2026 *continued*

5:10-5:40 pm	Refreshment Break — <i>Standard Process</i>			Purser Lobby
5:40-6:30 pm	Alan Sokoloff, DC, DACBSP <i>Premier Practice Consultants & ChiroHealthUSA</i>	Becoming a Champion: You Are The Difference Maker	Learn how community-based leadership, collaboration, and prevention-focused strategies can strengthen the future of sports chiropractic while improving athlete safety, professional credibility, and practice growth.	Walters Auditorium