

Master of Science in Applied Nutrition and Dietetics

2025-2026 Academic Degree Plan

Student Name: _____ Date: _____

Program Total Credit Hour Requirements = 42

Core Courses (32 credit hours)	Credit	Term & Year
NUTR 05202 Lifecycle Nutrition	3	
NUTR 06201 Nutritional Science	3	
NUTR 06102 Natural Therapies: Herbology and Detox	3	
NUTR 06104 Clinical Nutrition in Human Systems I (pre-req NUTR 06104)	3	
RDSL 06104 Clinical Nutrition Lab	1	
NUTR 06204 Nutrition Epidemiology & Health Promotion (pre-req NUTR 06104)	3	
RDSL 06105 Food Science and Management Lab	2	
RMET 05101 Research Methods in Healthcare	3	
NUTR 05471 Motivational Interview and Counseling	3	
NUTR 05104 Gut Microbiome, Nutrition, & Behavior	3	
NUTR 06301 Geriatric Nutrition	3	
RDSL 06202 Medical Nutrition Therapy Lab (pre-req NUTR 06104 and RDSL 06104)	2	
Total Credits	32	

Supervised Practice	Credit(s)	Term & Year
RDSL 08201 Supervised Experiential Learning I (Pre-req all core courses)	5	
RDSL 08201 Supervised Experiential Learning II (Pre-req all core courses and RDSL 08201)	5	
Total Credits	10	

Student Signature: _____ Date: _____

Advisor Signature: _____ Date: _____

*Director Signature: _____ Date: _____

**Director signature only required for approval of courses not on the standard ADP*