



## Saturday, October 4, 2025

10:30 AM	<i>Registration Opens</i>
11:15 AM	<b>Opening Remarks</b> <b>Patrick Montgomery, DC, MS, FASA, LCP:</b> President ACA Council on Women's Health and <b>Jessica Leighton, DC IBCLC :</b> Vice President ACA Council on Chiropractic Pediatrics
11:30 AM	<b>Keynote Remarks - Katie Pohlman, DC, MS, PhD</b>
12:00 PM - 1:40 PM	<b>Lifelong Pelvic Health: A Blueprint for Chiropractic Care from Pregnancy to Postpartum</b> <b>Nichelle Gurule, DC, CSCS</b>
1:40 PM - 2:00 PM	<i>Break with Exhibitors</i>
2:00 PM - 3:00 PM	<i>Lunch (Cafeteria) - Sponsored by: NCMIC</i>
3:00 PM - 3:50 PM	<b>Perinatal Mood and Anxiety Disorder</b> <b>Heather Ratych, BASc, MSW, RSW, PMH-C</b>
4:00 - 5:40 PM	<b>Supporting Infant Mental Health: Bridging the Gap in the 4th Trimester</b> <b>Kelsey Nibelink, MA; Samantha Reisz, PhD; &amp; Emily Knell Spaeth, PT, DPT, IBCLC, CNT, TIP, CIMT II, RPYT, MRM<sup>®</sup> Pro</b>
5:40 PM - 6:00 PM	<i>Refreshment Break with Exhibitors</i>
6:00 - 7:00 PM	<b>My Go-To Tools for Postpartum and Neonatal Care - Panel Discussion</b> <b>Carol Ann Weis, DC, MSc (Moderator); Mary Ann Dimak, DC, MS; Delilah Renegar, MS, DC, MD; Heather Ratych, BASc, MSW, RSW, PHM-C; &amp; Jessica Leighton, DC, IBCLC</b>

## Sunday, October 5, 2025

8:00 AM - 9:40 AM	<b>Postpartum Rehab and Movement Advocacy</b> <b>Mary Ann Dimak, DC, MS</b>
9:40 AM - 10:00 AM	<i>Refreshment Break with Exhibitors</i>
10:00 AM - 11:40 AM	<b>The Fourth Trimester: Post-Partum and Neonatal Health</b> <b>Delilah Renegar, MS, DC, MD</b>
11:40 AM - 12:00 PM	<i>Break with Exhibitors</i>
12:00 PM - 1:00 PM	<i>Lunch (Cafeteria) - Sponsored by: Nutri-Dyn</i>
1:00 PM - 2:50 PM	<b>Beyond the Adjustment: Supporting the Breastfeeding Dyad</b> <b>Jessica Leighton, DC, IBCLC</b> <b>ACA Pediatrics Council General Membership Meeting and Pediatric Chiropractor of the Year Awards</b>
2:50 PM - 3:20 PM	

**Logan University Administration Building, Room G134**

Lunch Provided Saturday and Sunday