



LOGAN UNIVERSITY  
SYMPOSIUM  
ON WOMEN'S HEALTH



COUNCIL ON  
WOMEN'S  
HEALTH



COUNCIL ON  
CHIROPRACTIC  
PEDIATRICS

## Saturday, October 4, 2025

10:30 AM	Registration Opens
11:15 AM	Opening Remarks <b>Patrick Montgomery, DC, MS, FASA, LCP:</b> President ACA Council on Women's Health and <b>Jenny Brocker, DC, DICCP :</b> President ACA Council on Chiropractic Pediatrics
11:30 AM	Keynote Remarks - <b>Katie Pohlman, DC, MS, PhD</b>
12:00 PM - 1:40 PM	Lifelong Pelvic Health: A Blueprint for Chiropractic Care from Pregnancy to Postpartum <b>Nichelle Gurule, DC, CSCS</b>
1:40 PM - 2:00 PM	Break with Exhibitors
2:00 PM - 3:00 PM	Lunch (Cafeteria) - Sponsored by: NCMIC
3:00 PM - 3:50 PM	Perinatal Mood and Anxiety Disorder <b>Heather Ratych, BASc, MSW, RSW, PMH-C</b>
4:00 - 5:40 PM	Supporting Infant Mental Health: Bridging the Gap in the 4th Trimester <b>Kelsey Nibbelink, MA; Samantha Reisz, PhD; &amp; Emily Knell Spaeth, PT, DPT, IBCLC, CNT, TIP, CIMT II, RPYT, MRM ® Pro</b>
5:40 PM - 6:00 PM	Refreshment Break with Exhibitors
6:00 - 7:00 PM	My Go-To Tools for Postpartum and Neonatal Care - Panel Discussion <b>Carol Ann Weiss, DC, MSc (Moderator); Mary Ann Dimak, DC, MS; Delilah Renegar, MS, DC, MD; Heather Ratych, BASc, MSW, RSW, PHM-C; &amp; Jessica Leighton, DC, IBCLC</b>

## Sunday, October 5, 2025

8:00 AM - 9:40 AM	Postpartum Rehab and Movement Advocacy <b>Mary Ann Dimak, DC, MS</b>
9:40 PM - 10:00 AM	Refreshment Break with Exhibitors
10:00 AM - 11:40 AM	The Fourth Trimester: Post-Partum and Neonatal Health <b>Delilah Renegar, MS, DC, MD</b>
11:40 AM - 12:00 PM	Break with Exhibitors
12:00 PM - 1:00 PM	Lunch (Cafeteria) - Sponsored by: Nutri-Dyn
1:00 PM - 2:50 PM	Beyond the Adjustment: Supporting the Breastfeeding Dyad <b>Jessica Leighton, DC, IBCLC</b>

**Logan University Administration Building, Room G134**

Lunch Provided Saturday and Sunday