



LOGAN UNIVERSITY  
SYMPOSIUM  
ON WOMEN'S HEALTH



COUNCIL ON  
WOMEN'S  
HEALTH



COUNCIL ON  
CHIROPRACTIC  
PEDIATRICS

## Saturday, October 4, 2025

10:30 AM *Registration Opens*

11:15 AM **Opening Remarks**

**Patrick Montgomery, DC, MS, FASA, LCP:** President ACA Council on Women's Health and **Jenny Broker, DC, DICCP :** President ACA Council on Chiropractic Pediatrics

11:30 AM **Keynote Remarks**

12:00 PM - 1:40 PM **Lifelong Pelvic Health: A Blueprint for Chiropractic Care from Pregnancy to Postpartum**

**Nichelle Gurule, DC, CSCS**

1:40 PM - 2:00 PM *Break with Exhibitors*

2:00 PM - 3:00 PM *Lunch (Cafeteria)*

3:00 PM - 3:50 PM **Perinatal Mood and Anxiety Disorder**

**Heather Ratych, BASc, MSW, RSW, PMH-C**

4:00 - 5:40 PM **Supporting Infant Mental Health: Bridging the Gap in the 4th Trimester**

**Kelsey Nibbelink, MA; Samantha Reisz, PhD; & Emily Knell Spaeth, PT, DPT, IBCLC, CNT, TIP, CIMT II, RPYT, MRM® Pro**

5:40 PM - 6:00 PM *Refreshment Break with Exhibitors*

6:00 - 7:00 PM **Panel Discussion**

## Sunday, October 5, 2025

8:00 AM - 9:40 AM **Postpartum Rehab and Movement Advocacy**

**Mary Ann Dimak, DC, MS**

9:40 PM - 10:00 AM *Refreshment Break with Exhibitors*

10:00 AM - 11:40 AM **The Fourth Trimester: Post-Partum and Neonatal Health**

**Delilah Renegar, MS, DC, MD**

11:40 AM - 12:00 PM *Break with Exhibitors*

12:00 PM - 1:00 PM *Lunch (Cafeteria)*

1:00 PM - 2:50 PM **Beyond the Adjustment: Supporting the Breastfeeding Dyad**

**Jessica Leighton, DC, IBCLC**

**Logan University Administration Building, Room G134**

Lunch Provided Saturday and Sunday