

Masters of Science in Nutrition and Human Performance 2024-2025 Academic Degree Plan

Certified Nutrition Specialist Certification Track

Student Name: _____ Date: _____

Science Pre- Requisites (9 credit hours)		Credit	Term & Year
Anatomy I and/ or Physiology I		3	
Biology		3	
Biochemistry		3	
Total Credits		9	

Core Courses (24 credit hours)		Credit	Term & Year
NUTR 05202 Lifecycle Nutrition		3	
NUTR 06201 Nutritional Science		3	
NUTR 06104 Clinical Nutrition in Human Systems I (Pre-req NUTR06201)		3	
NUTR 06202 Clinical Nutrition in Human Systems II (Pre-req NUTR06104)		3	
NUTR 06102 Natural Therapies: Herbology and Detox		3	
NUTR 05301 Nutrigenetics and Nutrigenomics		3	
RMET05101 Research Methods in Healthcare		3	
NUTR 06204 Nutrition Epidemiology & Health Promotion (Pre-req NUTR06104)		3	
Total Credits		24	

Certified Nutrition Specialist (12 credit hours)		Credit	Term & Year
Motivation interviewing and Counseling		3	
Vitamin And Mineral Metabolism		3	
Internship 1(includes supervised practice experience requirement)		5	
Internship 2(includes supervised practice experience requirement)		5	
Total Credits		12	

To determine your eligibility to practice as a CNS in your state please visit the following website [Advocate | American Nutrition Association \(theana.org\)](https://theana.org)