**Certified Nutrition Specialist Certification Track**

Student Name: Date:

Program Total Credit Hour Requirements = 40

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| **Core Courses (24 credit hours)** | Credit | Term & Year |
| NUTR05202 Lifecycle Nutrition  | 3 |  |
| NUTR06201 Nutritional Science | 3 |  |
| NUTR06104 Clinical Nutrition in Human Systems I (Pre-req NUTR06201) | 3 |  |
| NUTR06202 Clinical Nutrition in Human Systems II (Pre-req NUTR06104) | 3 |  |
| NUTR06102 Natural Therapies: Herbology and Detoxification | 3 |  |
| NUTR05301 Nutrigenetics and Nutrigenomics | 3 |  |
| RMET05101 Research Methods in Healthcare  | 3 |  |
| NUTR06204 Nutrition Epidemiology & Health Promotion (Pre-req NUTR06104) | 3 |  |
|  | Total Credits |  24 |  |

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| **Certified Nutrition Specialist (16 credit hours)** | Credit | Term & Year |
| NUTR05471 Motivation Interviewing and Counseling | 3 |  |
| NUTR06504 Vitamin And Mineral Metabolism | 3 |  |
| \*NUTR08105 Internship I | 5 |  |
| \*NUTR08106 Internship II | 5 |  |
|  | Total Credits | 16 |  |

\* Includes a supervised practice experience requirement

To determine your eligibility to practice as a CNS in your state please visit the following website [Advocate | American Nutrition Association (theana.org)](https://theana.org/advocate)