

## Masters of Science in Nutrition and Human Performance 2023-2024 Academic Degree Plan

Student Name:

Date:

<b>Core Courses (24 credit hours)</b>	<b>Credit</b>	<b>Term &amp; Year</b>
NUTR 05202 Lifecycle Nutrition	3	
NUTR 06201 Nutritional Science	3	
NUTR 06104 Clinical Nutrition in Human Systems I (Pre-req NUTR06201)	3	
NUTR 06202 Clinical Nutrition in Human Systems II (Pre-req NUTR06104)	3	
NUTR 06102 Natural Therapies: Herbology and Detox	3	
NUTR 05301 Nutrigenetics and Nutrigenomics	3	
RMET05101 Research Methods in Healthcare	3	
NUTR 06204 Nutrition Epidemiology & Health Promotion (Pre-req NUTR06104)	3	
	<b>Total Credits</b>	

### ***Choose one of the Following Listed Tracks:***

<b>Integrative Nutrition &amp; Practice (13 credit hours) (DC)</b>	<b>Credit</b>	<b>Term &amp; Year</b>
IDIS20501 Internal Disorders I	4	
PSYH30701 Clinical Psychology	3	
NUTR 05104 Gut Microbiome, Nutrition, & Behavior	3	
CAPS 08105 Professional Track (must be taken DC Tri 10 or after its successful completion)	3	

<b>Integrative Nutrition &amp; Practice (12 credit hours) (Other Professional Degree)</b>	<b>Credit</b>	<b>Term &amp; Year</b>
Course Transfer #1	3	
Course Transfer #2	3	
Course Transfer #3	3	
NUTR 05104 Gut Microbiome, Nutrition, & Behavior	3	
CAPS 08105 Professional Track	3	
	<b>Total Credits</b>	
	<b>Total Credits</b>	

<b>Nutritional Wellness – <u>CHOOSE 3 courses plus the applicable Capstone (12-15 credit hours)</u></b>	<b>Credit</b>	<b>Term &amp; Year</b>
NUTR 05103 Nutrition & Physical Performance	3	FA24
NUTR 05201 Survey of Sustainable Food Systems	3	SP25
HLTS 06103 Program Planning & Assessment	3	SU25
NUTR 06203 Nutrition in Pain and Inflammation	3	FA25

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NUTR 06301 Geriatric Nutrition	3	
NUTR 05104 Gut Microbiome, Nutrition, & Behavior	3	
NUTR 08103 Thesis (3) & MATH 06101 Statistics (3) or	6	
NUTR 08101 Internship <b>or</b>	6	
CAPS 08105 Professional Track	3	
	<b>Total Credits</b>	

<b>Sports &amp; Fitness Nutrition - CHOOSE 3 courses plus the applicable Capstone (12-15 credit hours)</b>	Credit	Term & Year
NUTR 05103 Nutrition & Physical Performance	3	
PSYH 06202 Psychology of the Athlete	3	
NUTR 06101 Nutritional Assessment of Athletes	3	
NUTR 06203 Nutrition in Pain and Inflammation	3	
NUTR 05104 Gut Microbiome, Nutrition, & Behavior	3	
NUTR 08103 Thesis (3) & MATH 06101 Statistics (3) or	6	
NUTR 08101 Internship <b>or</b>	6	
CAPS 08105 Professional Track	3	
	<b>Total Credits</b>	

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Advisor Signature: \_\_\_\_\_ Date: \_\_\_\_\_

\*Director Signature: \_\_\_\_\_ Date: \_\_\_\_\_

\*Director signature only required for approval of courses not on the standard ADP