

SPRING SYMPOSIUM



SYMPOSIUM 2023

LEARN. LEAD. LIVE.

Honoring Tradition, Shaping Our Future

On campus and at St. Louis Union Station

April 13-16, 2023



Logan University is thrilled to welcome students, alumni, faculty, staff and chiropractic and health care leaders back to Symposium this spring. Join us for up to 24 hours of continuing education opportunities, chiropractic exhibitors and social and networking events.

Logan University thanks the below sponsors for the generous support that makes Symposium 2023 possible.

SPONSORS



EXHIBITORS



SCHEDULE OF CONTINUING EDUCATION AND EVENTS

THURSDAY, APRIL 13

William D. Purser, DC Center at Logan University

1 – 1:50 p.m.

Perspectives on Chiropractic Over the Years and Into the Future

Roy Hillgartner, DC ('69)

Anthony Miller, DC ('99)

Mike Wittmer, DC ('80)

Ralph Filson, DC ('69)

Sponsored by Logan University

This panel discussion will cover evidence that supports the past, current and potential future of the chiropractic profession, including different practice styles and current payer trends.

2 – 2:50 p.m.

Split workshops (Attendees may choose one of the following)

Logan Basic Methods and Technique: A Refresher

Patrick Montgomery, DC ('76), MS, FASA

Sponsored by Logan University

This course is designed to introduce and refresh attendees on the principles and procedures of Logan Basic Methods (LBM) and Logan Basic Technique (LBT). Logan Basic is used to understand the presentation of spinal distortions in a patient, how they developed and how to manage the care of spinal distortions.

Inflammation Clinical Diagnosis

Weston Holzinger, DC ('16), MS, DABCI

Sponsored by Logan University

How does inflammation in patients impede their response to care? This workshop will present a foundation for quickly differentiating the most common types, causes and conditions of inflammation.

Lumbar Adjusting with Reinert Specific Diversified Technique: A Hands-On Refresher

Michael P. Julia, DC ('04)

Sponsored by Logan University

Palpation of the lumbar spine will be reviewed and utilized to enhance adjusting specificity as the adjustive procedures themselves are demonstrated and then practiced. Upon completion of the workshop, clinicians will be able to apply these specific adjustive procedures to their practices.

3 – 3:50 p.m.

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4 – 4:50 p.m.

A Provisional Screening Exam for Determining Acute and Chronic Symptoms

Mackenzie McNamara, DC ('13), CACCP, HIS

Sponsored by Food Enzyme Institute

Logan alumna and local practitioner Dr. McNamara will focus on how to determine when to categorize a patient's symptoms as an acute stress response and when the body has reached a chronic stage of stress.

5 – 7 p.m.

William D. Purser, DC Center Social Event

Sponsored by Loomis Enzymes

FRIDAY, APRIL 14

St. Louis Union Station

7:30 – 8:20 a.m.

Neurology and Adjustment of the Typical Pronated Foot

Mark Charrette, DC

Sponsored by Foot Levelers

This presentation will cover the basic neurology, indicators and adjustments for the typical pronated foot. As a hands-on workshop, participants will learn effective foot adjustments that will increase positive outcomes for patients.

8:30 – 9:20 a.m.

Fluoroscopic-guided Spinal Injection

Kishan Yalavarthi, MD

Sponsored by RAYUS Radiology

How are the basics of fluoroscopy used in various outpatient procedures to relieve spinal pain? In this lecture, participants will learn the indications and contraindications with patient selection of four types of fluoroscopic-guided spinal procedures that can be performed in an outpatient setting.

10 – 10:50 a.m.

Relevant Rehab: Cervicothoracic Spine Functional Assessment and Rehab

Donald DeFabio, DC, DACRB, DABCO, DACBSP

Sponsored by Stopain

Cervicothoracic pain syndromes and postural dysfunction are a significant issue due to use of computers and personal communication devices. This lecture is designed to give clinicians the tools to successfully assess and treat these issues.

11 – 11:50 a.m.

Presidents' Round Table: Preparing Today's Student

Clay McDonald, DC ('82), MBA, JD

Ron Oberstein, DC

Joseph Brimhall, DC, FICC

Weston Holzinger, DC ('16), MS, DABCI
(moderator)

Sponsored by Logan University

Moderated by Dr. Holzinger, the presidents of three leading chiropractic colleges will gather to discuss generational changes in the current student population. The panel will address various ways to meet the needs of this generation and how to effectively prepare them for the future marketplace that appears to always be changing.

12 – 1:30 p.m.

Awards & Scholarship Luncheon (Invitation only)

Sponsored by Standard Process

1:30 – 2:20 p.m.

Introduction to Small Animal Chiropractic Using the Activator Instrument

Susan Roecker, DC, CCRP

Sponsored by Activator Methods International

Providers thinking about expanding their practice to include small animal patients must consider several things before applying an adjustment to an animal. Some of these include legal implications, education and anatomy differences. There are several ways to provide an adjustment, but one is by using the Activator instrument.

2:30 – 3:20 p.m.

Pediatrics for the Doctor of Chiropractic: Key History Questions to Document the Potential Presence of Joint Dysfunction in Children

Elise Hewitt, DC, DICCP, FICC

Sponsored by NCMIC

After reviewing the etiology of joint dysfunction in children, Dr. Hewitt will introduce the key questions to ask to document the potential presence of joint dysfunction in children. She will also discuss what evidence tells us about the safety of chiropractic care for children and what we can learn from literature about the impact of chiropractic care on pediatric health.

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5 – 5:50 p.m.

Point-of-Care Musculoskeletal Ultrasound for the Chiropractic Physician

Dan Haun, DC ('04), DACBR

Devon Ackroyd, DC ('19), MS, DACBSP, Cert. MDT

Sponsored by Logan University

Musculoskeletal diagnostic ultrasound has been shown to be a valuable tool in the diagnosis and management of many musculoskeletal conditions. This course will introduce chiropractic physicians to the latest technology and equipment necessary to perform point-of-care musculoskeletal ultrasound with case examples and live demonstration.

6 – 8 p.m.

Mix & Mingle Reception

SATURDAY, APRIL 15

St. Louis Union Station

7:30 – 8:20 a.m.

The Brain, the Brain, and More Brain

Guy Riekeman, DC

Sponsored by Logan University

Keynote speaker Dr. Riekeman will discuss contemporary neuro-centric research regarding the effects of chiropractic care on the top 10 lifestyle diseases and patient management solutions prescribed by professional associations. He will also cover health care system movement to remote patient management along with patient, provider and professional benefits.

8:30 – 9:20 a.m.

Ethical Decision Making and Cultural Competence: Is There a Connection?

Kristina Petrocco-Napuli, DC, MS, FICC

Sponsored by NCMIC

For providers, there is an important connection between the foundation of cultural competency and ethical decision making. Health care providers have an ethical obligation to respect cultural differences and at times may be underprepared to address ethical dilemmas. During this presentation, Dr. Petrocco-Napuli will discuss cultural competency and the interconnectivity of ethical decision making.

10 – 10:50 a.m.

Chiropractic: Is It As Good As We Think It Is?

Claire Johnson, DC, MSED, PhD, DACBSP

Sponsored by Logan University

For more than a century, chiropractic has been touted as a cure-all for diseases ranging from hearing loss to back pain. Dr. Johnson, winner of the 2023 Dr. Beatrice B. Hagen Award, will take an investigative approach to the past and present scientific evidence to help set the record straight about what value should be placed on chiropractic care and if there is a future for the chiropractic profession.

11 – 11:50 a.m.

Practical Posture Procedures: Perspectives from Private Practice

Jeff McKinley, DC, CCSP, CKTP, CPEP, FICC

Sponsored by Foot Levelers

This presentation is designed to give practicing DCs a framework of understanding regarding posture and how to use posture examination to promote chiropractic care. It will give an overview of examination procedures that can easily be done in a private practice and share ways to educate patients about posture and how chiropractic care can be used to improve it.

1:30 – 2:20 p.m.

Certainty with Chiropractic: Transforming Future Generations into Leaders

Frank Vaught, DC ('04)

Sponsored by Logan University

Having a level of certainty in chiropractic care will lead individuals to successful lives, practices and futures. Participants will learn ways preparative thinking can lead to success, how to create and execute a vision for success, ways to communicate to attract a desirable future, and how to lead effectively through chiropractic.

2:30 – 3:20 p.m.

Improving Patient Outcomes with Principles of Evidence Based Practice

Jennifer McCleary, DC ('05), CCSP, CSCS

Sponsored by Logan University

Dr. McCleary will address some of the day-to-day demands of a practicing DC, including physician burnout, challenges of integrating evidence-based practice with patients, and ways to avoid losing sight of the individual. She will share four things that have enhanced her patients' outcomes and how to implement these ideals to enhance current techniques and procedures.

4 – 4:50 p.m.

Sleep: The Secret to Health and Happiness

Annette Schippel, DC ('98)

Sponsored by Standard Process

Sleep is among the most important things we need for optimal health. However, we spend a good portion of our lives trying to get by on less sleep with the goal of making up for it later. Why aren't we getting enough sleep? How can we change our sleep patterns? Join Dr. Schippel to learn how to recognize specific sleep challenges and how to support your patients.

5 – 5:50 p.m.

Benefits of Chiropractic Integration in Community Health Centers

Patrick Battaglia, DC ('12), DACBR

Sponsored by Logan University

This lecture presents the positive impact of chiropractic integration into community health centers, specifically for the management of chronic pain. Dr. Battaglia will review literature regarding the impact of chronic pain, present evidence supporting chiropractic integration into larger health systems, discuss the professional knowledge, skills and abilities needed to thrive in a community health setting and more.

6:30 p.m.

Cocktails at 6:30 p.m. followed by dinner (Invitation only)

SUNDAY, APRIL 16

St. Louis Union Station

7:30 – 9:20 a.m.

Compliance Law Changes: HIPAA, OIG, CURES & No Surprise Act: How to Avoid Being a Statistic

Ty Talcott, DC, CHPSE

Sponsored by Dr. Ty | The Compliance Guy
Compliance does not happen by accident. If you know and understand the law (and the dozen or so reviews, audits and evaluations that are required each year), then you know if you are following the rules. Join Dr. Talcott as he discusses changes in compliance laws and how to avoid becoming a statistic.

9:30 – 11:20 a.m.

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THINGS TO DO
IN ST. LOUIS

When you visit St. Louis for Symposium 2023, be sure to carve out some time for these must-see attractions.

- Gateway Arch National Park
- Saint Louis Art Museum
- Saint Louis Zoo
- Saint Louis Science Center
- Anheuser-Busch St. Louis Brewery
- Grant's Farm
- Missouri History Museum
- Missouri Botanical Garden
- Ballpark Village
- Citygarden Sculpture Park
- The Magic House
- City Museum
- Six Flags St. Louis
- National Blues Museum

Dr. Claire Johnson
2023 Dr. Beatrice B. Hagen Award Winner

The 2023 recipient of the Dr. Beatrice B. Hagen Award, Claire Johnson, DC, MEd, PhD, DACBSP, FICC believes we may not realize how much has changed until we reflect on where we have been. Her presentation, "Chiropractic, Is It as Good as We Think It Is?" at Logan's Symposium 2023 will focus on the value of chiropractic and how much chiropractic has evolved since its inception.

Dr. Johnson graduated from Los Angeles College of Chiropractic in Whittier, California, in 1991 at a time when the landscape of chiropractic education and research was beginning to emerge. In 1994, she submitted two abstracts for a conference. One of her abstracts was accepted, but the other was not.

When Dr. Johnson asked the conference chair why one was rejected, she was informed there was no structured peer review process. She later found out the process had not yet been developed for chiropractic education, which sparked her desire to transform these procedures.

"Adversity challenges us to grow," said Dr. Johnson. "At that time, I recognized that change was needed in the conference process. From that point forward, I was determined to improve the system."

Over time, Dr. Johnson reformed the peer review process by ensuring that the distribution of the call for abstracts, the abstract submission criteria, the submission process, the selection of the peer review committee, the critical peer review process, and the way final abstracts are selected is fair and transparent while also producing the highest quality content.

Dr. Johnson is currently a full-time professor at the National University of Health Sciences in Lombard, Illinois, and serves as editor in chief for three scientific journals: the *Journal of Manipulative and Physiological Therapeutics*, the *Journal of Chiropractic Medicine*, and the *Journal of Chiropractic Humanities*. She also sees patients as a per diem provider for Stanford Health Care in an interdisciplinary, on-site wellness center at the Qualcomm Health Center in San Diego, California.

"Clinical practice allows me to appreciate the incredible value of chiropractic and also keeps me grounded in person-centered care in the research work that



I do," said Dr. Johnson.

In 2020, Dr. Johnson and her husband Bart Green, DC, MEd, PhD established the Chiropractic Educators Research Forum (CERF), an organization dedicated to increasing scholarship and research capacity for chiropractic educators throughout the world. CERF conferences produce training videos and publish proceedings in the *Journal of Chiropractic Education* and create white papers on vital topics that help chiropractic educators engage in research and scholarship.

"As chiropractic practitioners, we must balance the art, science and philosophy of principles and practice to be effective," said Dr. Johnson. "If we miss employing any one of these pieces, we lose our equilibrium. When we are in balance, we value what we do and are successful. In the end, our chiropractic students, patients and those we serve will benefit."

Dr. Johnson is involved in the North American Spine Society. As a member of the Interdisciplinary Committee, she makes presentations to interdisciplinary audiences regarding models for spine care and spine-related public health. She has also volunteered as a facilitator for the Global Spine Care Initiative, which developed an evidence-informed spine care model for communities around the world. Furthermore, she serves as chair of the Public Health Committee for the World Federation of Chiropractic, has dedicated years of service to the American Public Health Association (APHA), and is a member of the NCMIC Board of Directors.

"My mentors taught me the value of collaborative projects: The quality is usually better when we work together," Dr. Johnson said. "Through these experiences, I learned to work with others fearlessly by putting the needs of others first. When we focus on what is best for our patients and community, conflicts diminish, and the quality of our relationships and work vastly improves. We best serve our profession by serving others."

In addition to her Dr. Beatrice B. Hagen Award, Dr. Johnson has been honored with the American Chiropractic Board of Sports Physicians Sports Chiropractor of the Year Award; Clinical Compass Person of the Year Award and the Presidential Award from the American Chiropractic Association; and the Rising Star Award and the Distinguished Service Award from the APHA.

"There is no better time to be a Doctor of Chiropractic," Dr. Johnson said. "The future opportunities for the chiropractic profession are even better than we can imagine them to be. It is up to us to realize and then implement positive changes for the greater good so that chiropractic's future will continue to be bright."

REGISTRATION & COST

Registration for Logan University Symposium 2023 is available online by scanning the QR code below.



\$175

\$50 for alumni (2019-2022 graduates)

\$50 for Logan University faculty and staff

\$50 for students

Your registration includes:

- Nationally recognized speakers
- 24 hours of continuing education
- William D. Purser, DC Center Social Event and Mix & Mingle Reception

HOTEL ACCOMMODATIONS



St. Louis Union Station Hotel,
Curio Collection by Hilton
1820 Market St.
St. Louis, MO 63103

Special Logan room rate: \$147 per night

March 13 is the last day to secure this special rate

Overnight and day parking: \$20

Valet parking: \$35



Book online by scanning the QR code at right or call 314-231-1234

