



## Learn how to include Rehabilitation in your Chiropractic Care Services.



3 WEEKENDS 36 CREDIT HOURS  
TOWARD DACRB\* REQUIREMENTS

Learn how to treat rehabilitation,  
health & fitness, and sports  
medicine patients.

[PHRehabCertificate.com](http://PHRehabCertificate.com)



\*Diplomate of the American Chiropractic Rehabilitation Board

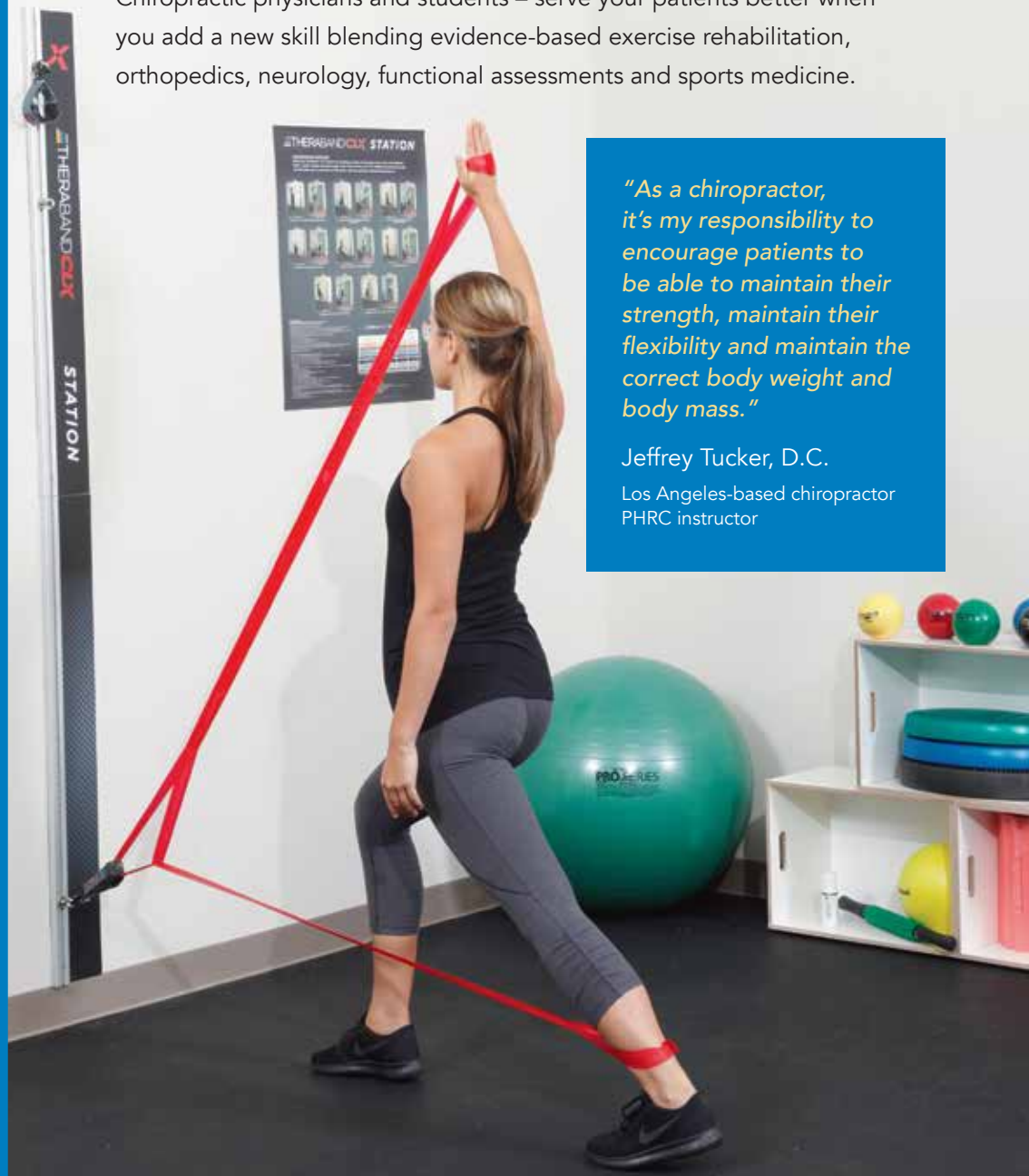
# Earn an essential skill and service for today's Chiropractic Care

Chiropractic physicians and students – serve your patients better when you add a new skill blending evidence-based exercise rehabilitation, orthopedics, neurology, functional assessments and sports medicine.

*"As a chiropractor, it's my responsibility to encourage patients to be able to maintain their strength, maintain their flexibility and maintain the correct body weight and body mass."*

Jeffrey Tucker, D.C.

Los Angeles-based chiropractor  
PHRC instructor





This 36-hour, 3-weekend course leads to a Rehab Certificate of Completion. All 36 hours apply as credit hours toward DACRB requirements.

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## Learn New Trends

You will learn the latest trends in interpretation of functional movement tests and outcomes, group fitness, time-efficient treatments, effective muscle balancing techniques, body weight and Resistance Band workout methods, obesity, chronic pain, healthy aging and other innovative methods to enhance treatment and recovery.

## Grow Your Practice and Educate Your Patients

On the business side, learn to recognize opportunities to educate your patients. There are so many opportunities to educate your patients and grow your practice. Impress your patients by demonstrating that you are serious about exercise as an important tool in your recovery treatment.

## Earn New Certificate

Join our team and earn a new Rehab Certificate of Completion (PHRC) that integrates a full learning experience that prepares you for the day-to-day management of assessing and treating real cases.

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## Rehabilitation is an important part of wellness

Patient wellness programs often include corrective and rehabilitative exercise. More and more chiropractors now include these exercises in their treatments. In this way, they offer patients more choices for healthy recovery.

The goal of rehabilitation is to improve the effectiveness of chiropractic adjustments so as to achieve a positive effect on the entire locomotor system. By finding the key muscle imbalances adjustments last longer and go easier.<sup>1</sup>

<sup>1</sup>Liebenson, Craig, D.C. *What Is Chiropractic Rehabilitation?* Dynamic Chiropractic Volume 35, Number 6.



## About

### About the Course and Instructors

36

This 36-hour, 3-weekend course leads to a Rehab Certificate of Completion. All 36 hours apply as credit hours toward DACRB requirements.

### Curriculum

This new curriculum is for Chiropractic physicians who want to serve rehabilitation, health & fitness and sports medicine patients.

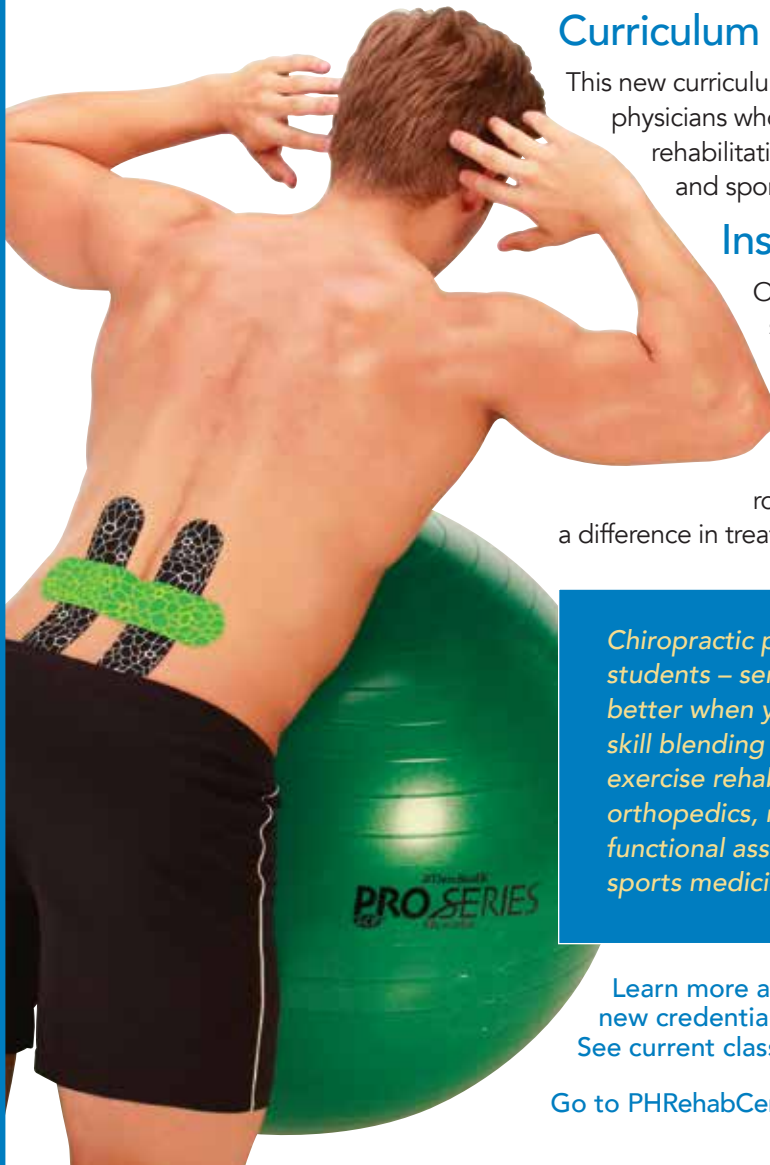
### Instructors

Our course instructors share their personal best from the examination, assessments, motions, and routines that really make a difference in treating challenging cases.

*Chiropractic physicians and students – serve your patients better when you add a new skill blending evidence-based exercise rehabilitation, orthopedics, neurology, functional assessments and sports medicine.*

Learn more about this exciting new credential-building program. See current class locations.

Go to [PHRehabCertificate.com](http://PHRehabCertificate.com)



# 4

## 4 Great Reasons Why This Course is Popular with Chiropractic Care Physicians

This 3-weekend, 36 credit hour course in Rehabilitation Chiropractic Care is built upon:

- 1 Evidence-based methods through rigorous research and experienced instructors
- 2 Total Solutions: Cryotherapy, Therapeutic Exercise, Taping, Pain Management, Patient Care and Performance
- 3 Implementation of chiropractic specific protocols with a library of exercises
- 4 Patient education and support with clinically-tested products

**Learn** new trends.

**Earn** new certificate.

**Grow** your practice and educate your patients.



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# Details

## What are the Details?

Here are key takeaways from our 3-module certificate course:

1

### Module 1 Key Takeaways

- Introduction to the **Active Care Model**
- Define Key **Outcome Assessment Tools (OAT)**
- Movement Assessments / Mobility and Stability
- Exercise Sequencing and Progression
- Kinesiology Taping Concepts
- The Business of Rehab
- Defining **(POLITE) Plan, Optimal Loading, Instruments, Tape, Exercise**

2

### Module 2 Key Takeaways

- The Patient Evaluation Process from "Head to Toe"
- **Defining Diagnosis / Exercise Interventions / Taping (DET)**
- Upper Body Assessment utilizing **(DET)**
- Lower Body Assessment utilizing **(DET)**
- Posterior Chain: Analyzing and Re-Programming
- Scoliosis Assessment and Treatment Approach
- Upper Crossed Syndrome "Key Eight" with **(DET)**

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### Module 3 Key Takeaways

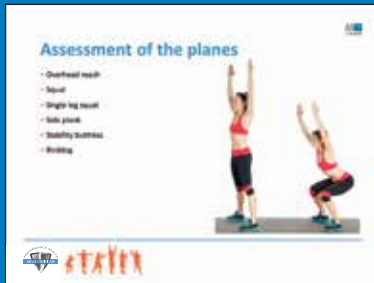
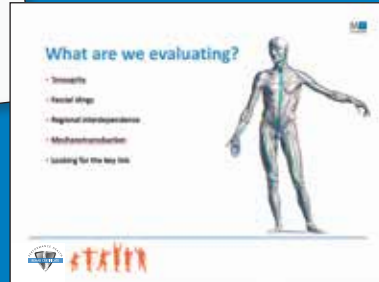
- Posture Assessment and Importance
- "Bunkie Test" Evaluation for the Functional Core
- Anterior vs. Posterior Chain addressing with **(DET)**
- Key Conditions Affecting Upper and Lower Extremities utilizing **(DET)**
- Key Concerns Affecting Special Populations
- **(OAT)** Specific Upper and Lower Extremity Evaluation



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# The Edge

This 3-weekend / 36 credit hour course teaches you to treat rehabilitation, health & fitness and sports medicine patients in the newest clinically-proven methods.



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# Serve patients in new ways. Add Rehabilitation to your Chiropractic Care Services.



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Learn and incorporate new skills that blend evidence-based exercise rehabilitation, orthopedics, neurology, sports medicine and functional assessments.

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For course details and class locations,  
go to [PHRehabCertificate.com](http://PHRehabCertificate.com)

