

USA PARA POWERLIFTING LEVEL 1 CAMP



Attention athletes, coaches, trainers! Interested in learning more about para powerlifting? This Level 1 Clinic is ran by USAPP High Performance Manager, Mary Hodge, and will cover programming, competing, general nutrition, and will also outline the pathway to the Paralympics and possibly representing Team USA. Must be a current member (Athlete or Coach) of the USAPP to attend. This includes a background check and a Safe Sport Cert, so get registered early!



LOGAN UNIVERSITY HOME OF



FEBRUARY 19, 2022

FROM 12-6PM

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