Logan University is eager to welcome alumni, faculty, staff and hundreds of leaders in chiropractic and health care back to Symposium this fall. Join us for 24 hours of continuing education featuring experts and thought leaders in their professions, exhibitors, social and networking events, and an address from Logan President Clay McDonald, DC ('82), MBA, JD.
Logan University thanks our sponsors for the generous support that makes Symposium 2021 possible.
## SCHEDULE OF CONTINUING EDUCATION AND EVENTS

### THURSDAY, SEPT. 16

**Logan University Campus**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Sponsor</th>
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<tbody>
<tr>
<td>10 a.m.</td>
<td>Registration opens</td>
<td></td>
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<tr>
<td>1 – 1:50 p.m.</td>
<td><strong>Leading the Way Into 2021 with Evidence-Informed Myofascial Therapy</strong></td>
<td>Active Release Techniques*</td>
</tr>
<tr>
<td>2 – 2:50 p.m.</td>
<td><strong>The Cervical Spine</strong></td>
<td><strong>Sponsored by Logan University</strong></td>
</tr>
<tr>
<td>3 – 3:50 p.m.</td>
<td><strong>Utilizing an HVLA Technique in the Lumbar Spine for Multiple Pain Generators</strong></td>
<td><strong>Sponsored by Logan University</strong></td>
</tr>
<tr>
<td>4 – 4:50 p.m.</td>
<td><strong>Review of Up-to-Date Science-Based Studies Related to Structural Problems, Loss of Range of Motion and Pain</strong></td>
<td><strong>Sponsored by Food Enzyme Institute</strong></td>
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### FRIDAY, SEPT. 17

**Hilton St. Louis at the Ballpark**

<table>
<thead>
<tr>
<th>Time</th>
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<tr>
<td>7:30 – 8:20 a.m.</td>
<td><strong>Unification: A Call for Collaboration/EPIC – Our Greatest Global Opportunity</strong></td>
<td><strong>Sponsored by Logan University</strong></td>
</tr>
<tr>
<td>8:30 – 9:20 a.m.</td>
<td><strong>Technique: How We Adapted for the Future: To be a Success You Must Have the Following: Great Content, Repetition and Accountability</strong></td>
<td><strong>Sponsored by Activator Methods</strong></td>
</tr>
<tr>
<td>9:20 – 10 a.m.</td>
<td><strong>40-minute break</strong></td>
<td></td>
</tr>
<tr>
<td>10 – 10:50 a.m.</td>
<td><strong>Adolescent Health: A Focus on Care</strong></td>
<td><strong>Sponsored by Logan University</strong></td>
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</tbody>
</table>

### THURSDAY, SEPT. 16

Dr. Wittmer maintained a private practice for 30 years and has been serving on the faculty of Logan since 1984. In this session, Dr. Wittmer will present on the anatomy and biomechanics of the cervical spine, diagnosis and assessment of various conditions, and adjusting concepts, including manual and vertebral contacts.

### FRIDAY, SEPT. 17

Dr. Fuhr is founder and chairman of Activator Methods International and co-inventor of the Activator Adjusting Instrument and Activator Method Chiropractic Technique. He will review the three keys to performing the Activator Method, introduce the Activator Methods International virtual training platform and share recent clinical research trials.

Dr. Wittmer maintained a private practice for 30 years and has been serving on the faculty of Logan since 1984. In this session, Dr. Wittmer will present on the anatomy and biomechanics of the cervical spine, diagnosis and assessment of various conditions, and adjusting concepts, including manual and vertebral contacts.

**About the Activator Method**

The Activator Method is an upper and lower cervical and thoracic spinal adjustment method. It is designed to correct spinal misalignments by using specific force and direction to realign the spine.

**Technique: How We Adapted for the Future**

In this session, Dr. Fuhr will present on the Activator Method, including the Active Release Techniques® (ART®) instructor and Fellow of the College of Chiropractic Sports Sciences. In this session, Drs. Pajaczkowski and Leahy will lead a fast-paced review of the current literature related to the role of fascial release techniques in the management of various conditions, and adjusting concepts, including manual and vertebral contacts. They will address the overall effect it has on a patient's health and well-being and provide a demonstration.

**Our Greatest Global Opportunity**

Dr. McDonald serves as president of Logan University, a role he assumed in March 2013. In 2018, Dr. McDonald was named Educator of the Year by the Missouri Chiropractic Physician’s Association. Dr. Brown is the secretary-general of the World Federation of Chiropractic (WFC) and is responsible for strategic policy development. In this session, Drs. McDonald and Brown will discuss how every chiropractor can integrate the WFC’s global principles to advance chiropractic care through evidence-based, people-centered, inter-professional and collaborative care.

**Technique: How We Adapted for the Future: To be a Success You Must Have the Following**

Dr. Fuhr will present on the Activator Method, including the use of the Activator Adjusting Instrument and Activator Method Chiropractic Technique. He will review the three keys to performing the Activator Method, introduce the Activator Methods International virtual training platform and share recent clinical research trials.

**Adolescent Health: A Focus on Care**

Dr. Petrocco-Napuli will address the importance of educating families and young women on well-being and focus on the most commonly seen conditions within this patient population along with treatment options and educational strategies.

Dr. Frerking serves as director of clinical sciences for the Food Enzyme Institute™ and has been a Logan University postgraduate faculty member since June 2019. Dr. Frerking will present up-to-date, science-based studies on musculoskeletal problems to provide a common-sense approach to decrease pain, increase motion and live a more vibrant life.

**Microbiome in Gut Health: Target Prebiotic and Probiotics**

Dr. Bussler is part of the research and development team at Standard Process as a nutrition scientist. His work involves translating novel research insights and natural product innovations into successful products and educational material for health care practitioners to support health and wellness. In the first hour, Dr. Bussler will provide an overview of the lower gastrointestinal (GI) tract, including common GI issues and gut permeability and its connection to the microbiome and whole-body health.

**Microbiome in Gut Health: Target Prebiotic and Probiotics**

Dr. Bussler will provide an overview of the lower gastrointestinal (GI) tract, including common GI issues and gut permeability and its connection to the microbiome and whole-body health.
and patients on why pregnant women should receive chiropractic care.

5 – 5:50 p.m.
Healthy Solutions for Your Chiropractic Patients that Suffer from E.P.P. (Excessive Pandemic Pounds)
Sponsored by ChiroThin, LLC
Chris Colgin, DC
Dr. Colgin’s chiropractic practice, iChoose Wellness Center in San Mateo, California, focuses on offering patients all-natural, supervised weight loss programs, lifestyle modifications, leaky gut solutions and science-based nutrition. In this session, Dr. Colgin will examine why adult obesity is increasing as well as how chiropractors can integrate nutrition into their practices to better assist patients.

6 – 8 p.m.
Mix & Mingle Reception
Sponsored by ChiroThin, LLC

SATURDAY, SEPT. 18
Hilton St. Louis at the Ballpark

7:30 – 8:20 a.m.
How to Become More ESSENTIAL in the Health Care Space
Sponsored by Dr. Fab’s Private Label Nutrition
Fab Mancini, DC
World-renowned chiropractor with more than 30 years of experience, Dr. Mancini is an internationally acclaimed educator, business leader, speaker, consultant and president emeritus of Parker University. In this session, Dr. Mancini will share how chiropractors have a unique opportunity to reposition themselves as essential health care providers in the wake of the COVID-19 pandemic.

8:30 – 9:20 a.m.
Relevant Rehab: Lumbar Spine Exercises Choosing Extension vs. Flexion vs. Neutral Spine
Sponsored by Performance Health
Donald DeFabio, DC
Dr. DeFabio is a 1984 graduate of New York Chiropractic College and currently serves as chief of chiropractic services at DeFabio Spine and Sports Rehab in Berkeley Heights, New Jersey. Dr. DeFabio will review the biomechanics of the lumbar spine and disc load, the use and indications of flexion, extension and neutral spine exercise, and exercise principles and progressions for rehab of the lumbar spine in flexion, extension and neutral spine.

9:20 – 10 a.m.
40-minute break

10 – 10:50 a.m.
American College of Physicians GUIDELINE ON LOW BACK PAIN – Why, What and Who
Sponsored by Logan University
Christine Goertz, DC, PhD (Dr. Beatrice B. Hagen Award winner)
Dr. Goertz is a professor in musculoskeletal research at the Duke Clinical Research Institute and director of system development and coordination for Spine Health in the Department of Orthopedic Surgery at Duke University. She is also the chief executive officer of the Spine Institute for Quality. Dr. Goertz will address the role of the Doctor of Chiropractic as primary spine practitioner and the current evidence base for chiropractic care.

11 – 11:50 a.m.
President’s Roundtable Discussion: The Future of Chiropractic
Sponsored by Logan University
Clay McDonald, DC (’82), MBA, JD
Ron Oberstein, DC
John Scaringe, DC, EdD
Dr. McDonald, president of Logan University; Dr. Oberstein, president of Life West; and Dr. Scaringe, president of Southern California University of Health Sciences, join to discuss the future of the chiropractic profession and obstacles they see in educating the next generation of Doctors of Chiropractic.

12 – 1:30 p.m.
Lunch - Enjoy on your own!

1:30 – 2:20 p.m.
Feet and Ankles: What Your Patients Don’t Realize and How You Can Help
Sponsored by Foot Levelers, Inc.
Kevin Wong, DC
Through his practice, Orinda Chiropractic & Laser Center, Dr. Wong has provided chiropractic care to the Lamorinda, Berkeley, Walnut Creek and many other East San Francisco Bay Area communities for more than 24 years. In this session, Dr. Wong will demonstrate how to analyze a patient’s feet and ankles, treat them, and assist with home and lifestyle care.

2:30 – 3:20 p.m.
Hospital-Based Chiropractic Practice: Is it Right for You?
Sponsored by Logan University
David Vincent, DC (‘91)
Dr. Vincent is the Buoncore family endowed director of chiropractic medicine at University Hospitals Connor Integrative Health Network in Cleveland, Ohio. In this session, Dr. Vincent will introduce the typical hospital-based practice models available to chiropractic physicians and discuss the pros and cons of practicing in a hospital-based environment.

3:20 – 4 p.m.
40-minute break

4 – 4:50 p.m.
Logan University & Mizzou Athletics – Advancement in Chiropractic Care
Sponsored by Logan University
Brittany Ramirez, DC (‘15), MS (‘18), LAT, ATC, CCSP®
Dr. Ramirez is the program director for Logan’s Master of Science in Sports Science & Rehabilitation, a team chiropractor for the University of Missouri-Columbia (Mizzou) Athletics and the owner of Columbia Chiropractic Group. She will provide an overview of the partnership between Logan and Mizzou Athletics as well as discuss advancements of chiropractic care within the interdisciplinary sports medicine team, statistics and treatment outcomes.

5 – 5:50 p.m.
Clinical Biomechanics of Spinal Disorders
Sponsored by NCMIC
Bryan Bond, DC, MS, PhD
Dr. Bond is a professor and co-director of research in the Department of Physical Therapy at the University of Saint Mary. He will examine anatomy and biomechanics and therapeutic exercises for low back pain.

7 p.m.
Benefactor Appreciation Dinner (Invitation only)
Hosted by Dr. & Mrs. Clay McDonald and the Logan University Board of Trustees

SUNDAY, SEPT. 19
Hilton St. Louis at the Ballpark

7:30 – 9:20 a.m.
Sexual Harassment, Abuse and Cultural Diversity Awareness
Sponsored by NCMIC
Mario Fucinari, DC, CCSP®, APMP, CPCO, MCS-P
Dr. Fucinari is a member of the Carrier Advisory Committee for Medicare, a Certified Professional Compliance Officer (CPCO), Certified Medical Compliance Specialist (MCS-P), and a Certified Chiropractic Sports Physician (CCSP®). Dr. Fucinari will discuss risk factors pertaining to sexual harassment and diversity and the reporting process of sexual harassment. He will also lead participants in the development of policies and procedures.

9:30 – 11:20 a.m.
Prevention of Medical Errors Amidst a Pandemic
Sponsored by NCMIC
Mario Fucinari, DC, CCSP®, APMP, CPCO, MCS-P
In this two-hour session, Dr. Fucinari will present an overview of potential medical errors, factors contributing to the occurrence of these errors, and steps to prevent errors in the chiropractic practice amidst a pandemic.
Christine Goertz, DC, PhD
2021 Dr. Beatrice B. Hagen Award Winner

A chance meeting with a fellow student at the University of Minnesota put Christine Goertz, DC, PhD on the chiropractic path. “The more my chemistry lab partner talked about chiropractic, the more I was intrigued,” she said. “I was really excited by the whole-person approach that chiropractic represents.”

Today, Dr. Goertz is a professor in musculoskeletal research at the Duke Clinical Research Institute, director of system development and coordination for spine health in the Department of Orthopedic Surgery at Duke and CEO of the Spine Institute for Quality (Spine IQ). She is also the 2021 recipient of the Dr. Beatrice B. Hagen Award, which will be presented during this year’s Symposium where Dr. Goertz will speak about the role of Doctors of Chiropractic as primary spine practitioners and the current evidence base for chiropractic care.

Six years ago, Dr. Goertz founded Spine IQ with the goal of defining quality, demonstrating value and building trust among those concerned with spine care. She said it all started when someone from Sen. Tom Harkin’s (Iowa) office stumped her when they called to ask how to find a “good chiropractor” in Alexandria, Virginia. “I started to think about what it would mean to both chiropractic physicians and patients if we could use data instead of personal opinion to answer that question,” Dr. Goertz said.

Dr. Goertz believes that for patients to make an informed choice about which of the many options for spine care is best for them, they need to have access to tools and knowledge. Spine IQ (www.SpineIQ.org), she said, is committed to providing both. For example, Spine IQ BACKfacks increases knowledge about best spine practices, and the organization’s searchable map provides access to thousands of chiropractic practices across the country that meet certain quality criteria. In addition, the weekly BackBlog helps DCs keep up with the latest research, while SpineIQ’s patient satisfaction data collection program can be used to improve care, prevent malpractice claims and ethically market chiropractic practice while also contributing to chiropractic research efforts.

“There’s never been a better time to be a DC. Changes in health care delivery represent tremendous opportunities for the profession as well as the patients we serve.”

–Dr. Christine Goertz
REGISTRATION

Registration for Logan University Symposium 2021 is available online by scanning the QR code at right, by phone or by mail.

COST

$125 per Symposium registration by September 2 (social events included)

$150 after September 2

Guest fees for social events are listed below.

HOTEL ACCOMMODATIONS

Hilton St. Louis at the Ballpark
1 S. Broadway
St. Louis, MO 63102

Logan rate: $145 per night

Book online by scanning this QR code or call 1-314-421-1776.

REGISTRATION FORM

Prefix       Name

Suffix       Maiden Name (if applicable)

State                               License #

Address

City

State             Zip

Phone

Email Address

How did you hear about the Symposium? ________________________________

Symposium Registrant

$125 by September 2; $150 after September 2

Guest cost for social events:

Purser Center Social Event

Mix & Mingle Reception

Total number of attendees:

Amount enclosed

Payment

Pay by phone with your credit card by calling 1-800-842-3234 or 636-227-2100, ext. 1960

Or pay online at Logan.edu/Symposium

Or mail check (payable to Logan University) to: Logan University Alumni & Friends House, 1851 Schoettler Road, Chesterfield, MO 63017

*If a refund is requested prior to September 16, 2021, a cancellation fee of $25 per registration will be applied. No refund will be given for requests submitted on or after September 16, 2021. Allow two weeks after the Symposium for a refund.