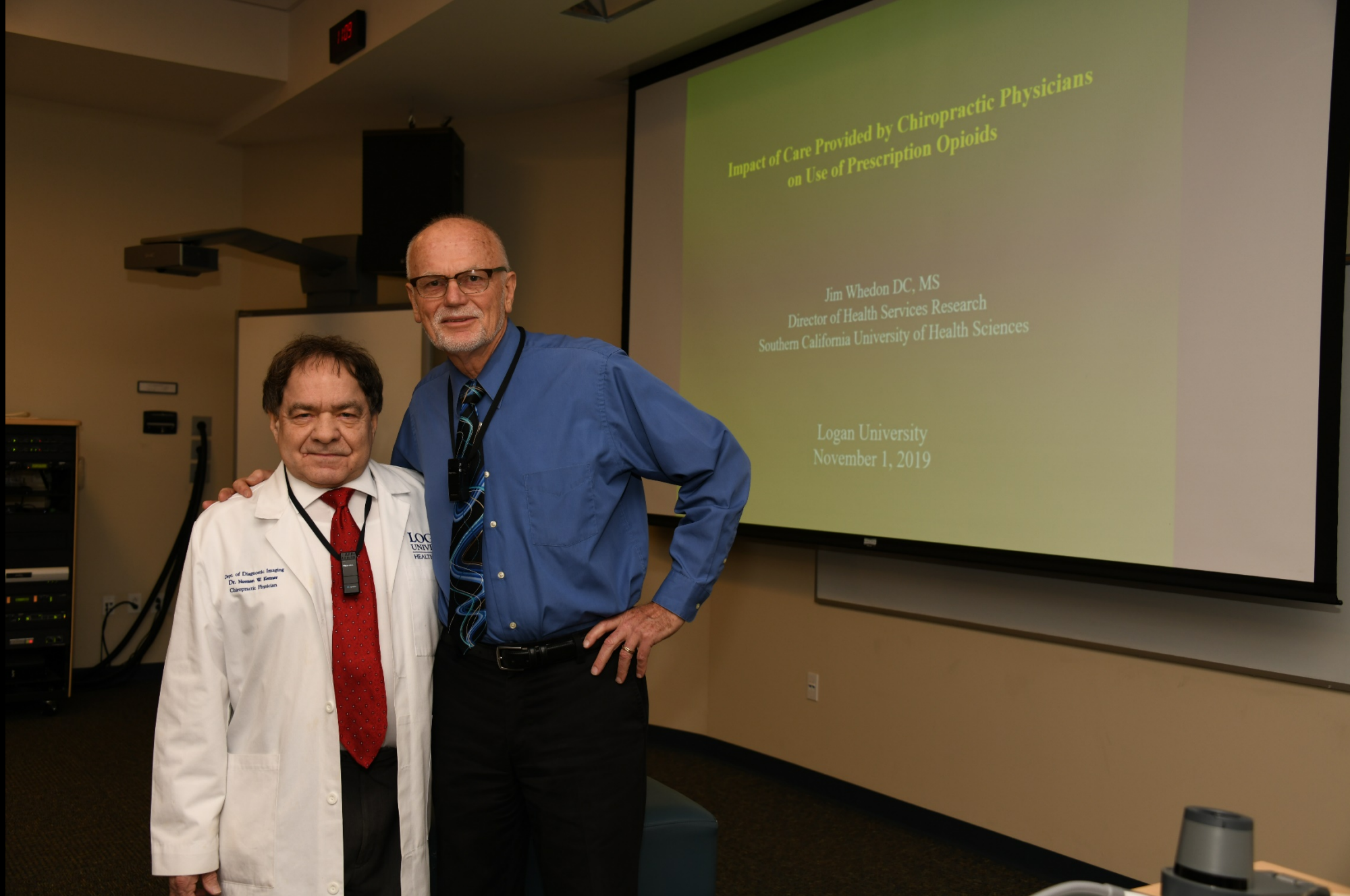


Chiropractic Grand Rounds



FRIDAY, NOVEMBER 1, 2019
11:30 AM – 12:30 PM







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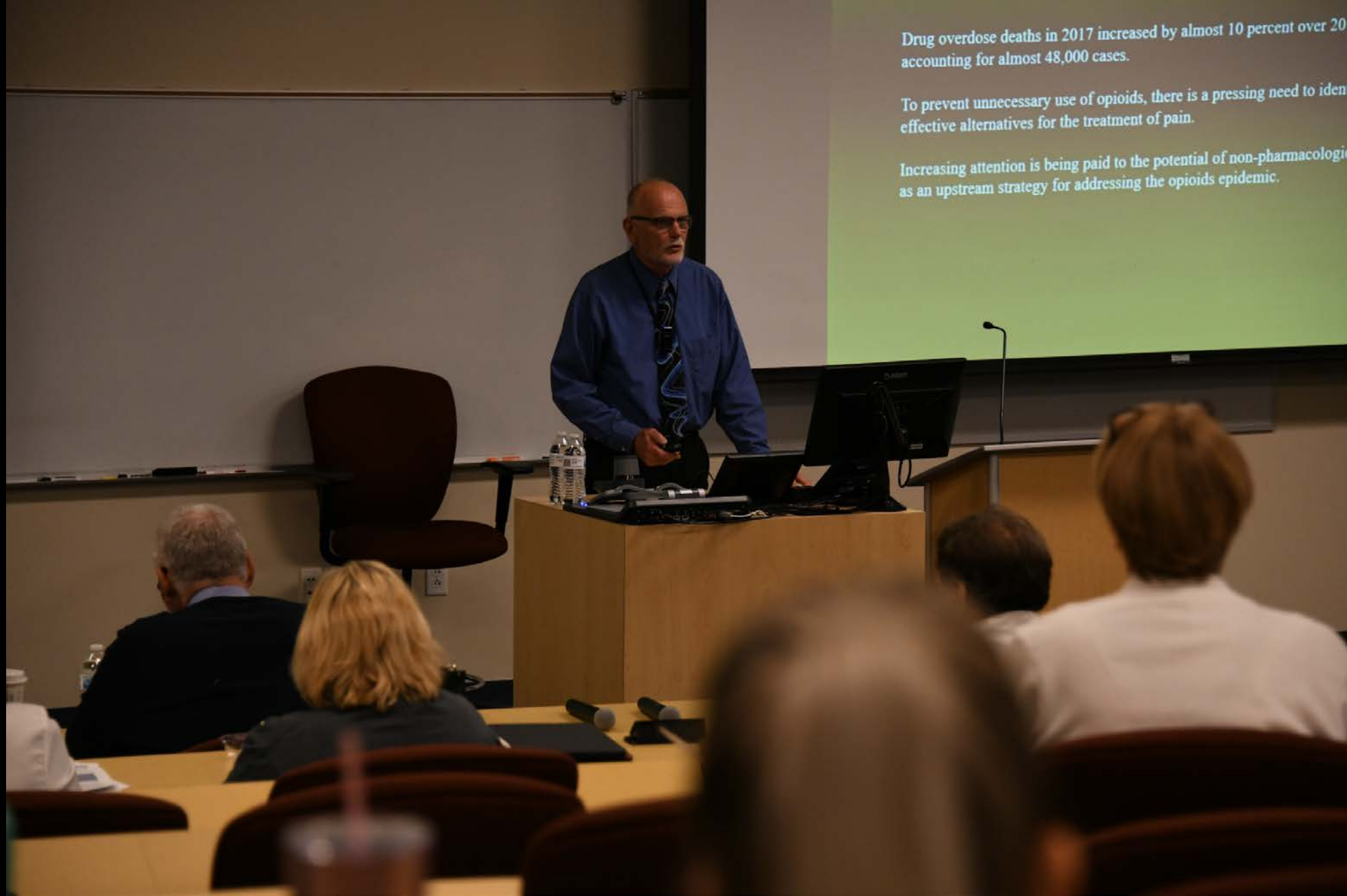




Drug overdose deaths in 2017 increased by almost 10 percent over 2016, accounting for almost 48,000 cases.

To prevent unnecessary use of opioids, there is a pressing need to identify effective alternatives for the treatment of pain.

Increasing attention is being paid to the potential of non-pharmacologic interventions as an upstream strategy for addressing the opioids epidemic.

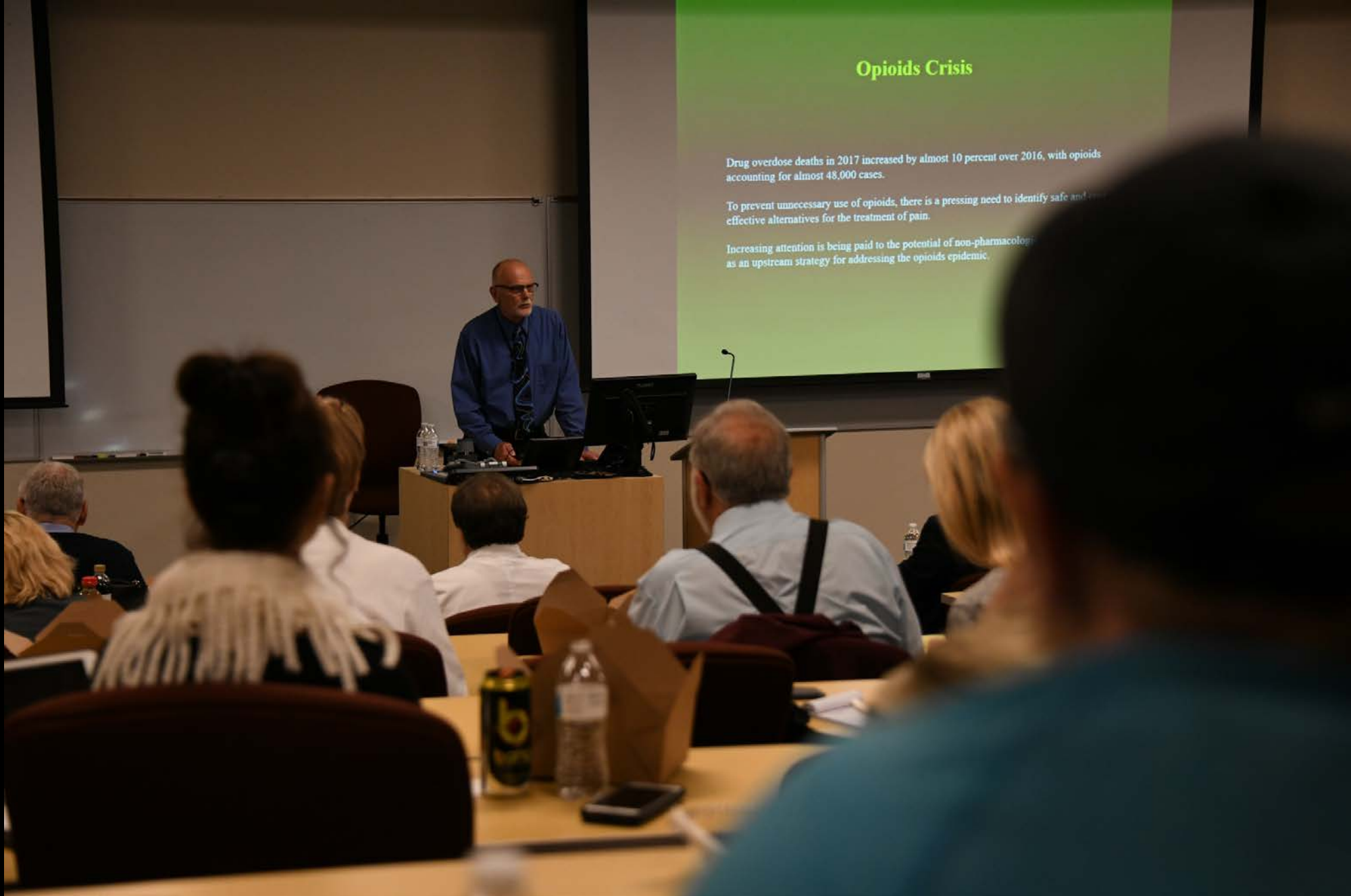


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A. Non-pharmacological therapies

The Institute of Medicine has recommended the use of non-pharmacological therapies as effective alternatives to pharmacotherapy for patients with chronic musculoskeletal pain.

Among US adults prescribed opioids, 59% reported having back pain.

Recently published clinical guidelines from the American College of Physicians recommend non-pharmacological treatment as the first-line approach to treating back pain, with consideration of opioids only as the last treatment option or if other options present substantial risk to the patient.

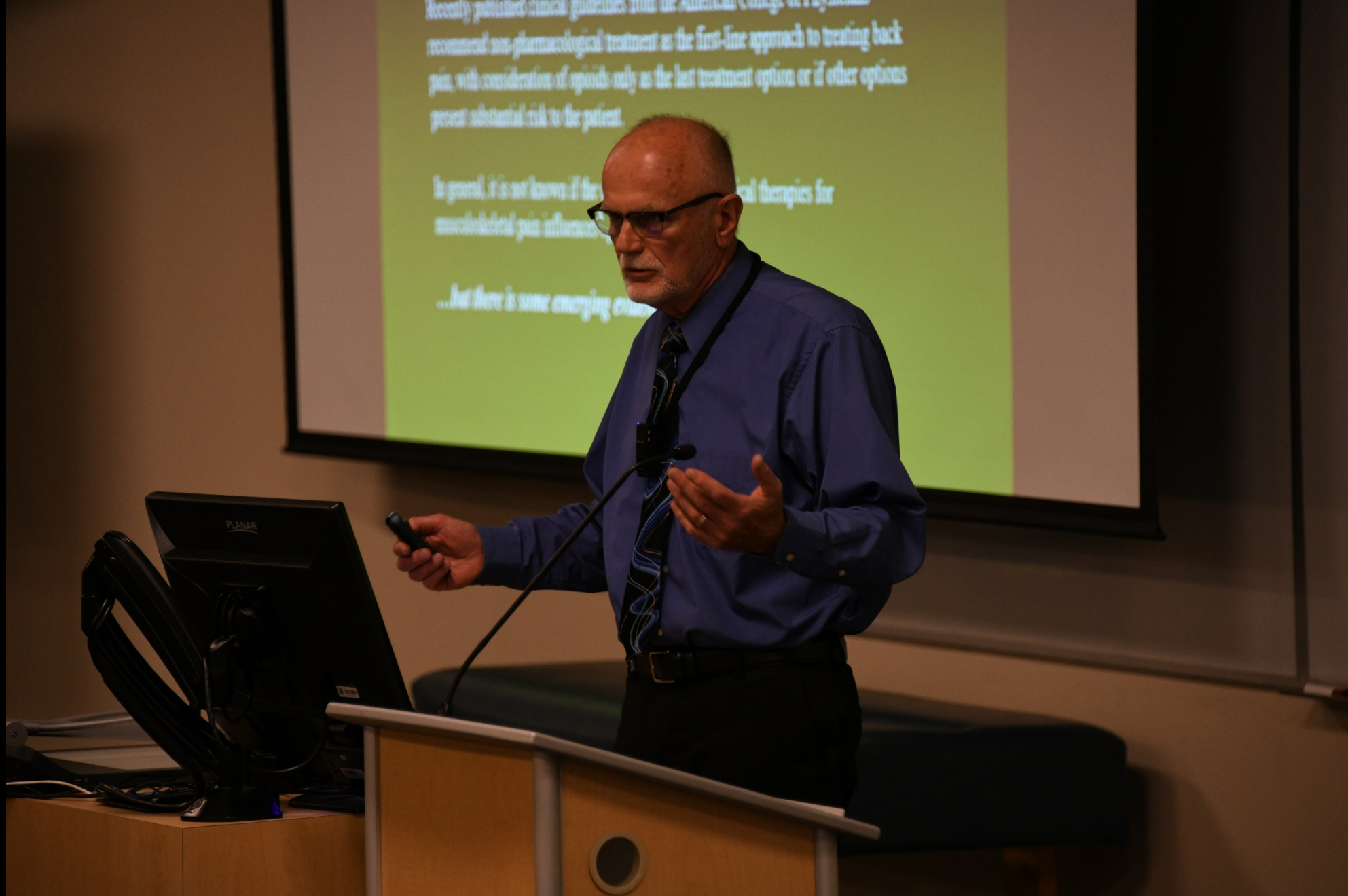
In general, it is not known if the use of non-pharmacological therapies for musculoskeletal pain influences opioid use.

...but there is some emerging evidence.

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Data for this research were supplied by the Centers for Medicare and Medicaid Services, the Center for Health Information Analysis (Boston, MA), the Connecticut Health Insurance Exchange, the New Hampshire Department of Health and Human Services, and the NH Department of Health and Human Services.

All of the conclusions of this publication are solely those of the authors.

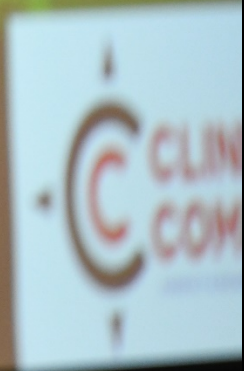
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