

## Masters of Science in Nutrition and Human Performance 2020-2021 Academic Degree Plan

Student Name: \_\_\_\_\_ Date: \_\_\_\_\_

<b>Core Courses (24 credit hours)</b>	<b>Credit</b>	<b>Term &amp; Year</b>
NUTR 05202 Lifecycle Nutrition	3	
NUTR 06201 Nutritional Science	3	
NUTR 06104 Clinical Nutrition in Human Systems I (Pre-req NUTR06201)	3	
NUTR 06202 Clinical Nutrition in Human Systems II (Pre-req NUTR06104)	3	
NUTR 06102 Natural Therapies: Herbology and Detox	3	
RMET 05301 Nutrigenetics and Nutrigenomics	3	
RMET05101 Research Methods in Healthcare	3	
NUTR 06204 Nutrition Epidemiology & Health Promotion (Pre-req NUTR06104)	3	
	<b>Total Credits</b>	

### ***Choose one of the Following Listed Tracks:***

<b>Dietetics (for those declared upon admission) (15 credit hours)</b>	<b>Credit</b>	<b>Term &amp; Year</b>
NUTR 06301 Geriatric Nutrition	3	
NUTR 05104 Gut Microbiome, Nutrition, & Behavior	3	
HLTS 05101 Introduction to Health Informatics	3	
RDSL 08201 Supervised Experiential Learning I	3	
RDSL 08202 Supervised Experiential Learning II	3	
	<b>Total Credits</b>	

<b>Integrative Nutrition &amp; Practice (13 credit hours) (DC)</b>	<b>Credit</b>	<b>Term &amp; Year</b>
IDIS20501 Internal Disorders I	4	
PSYH30701 Clinical Psychology	3	
NUTR 05104 Gut Microbiome, Nutrition, & Behavior	3	
CAPS 08105 Professional Track (must be taken DC Tri 10 or after its successful completion)	3	

<b>Integrative Nutrition &amp; Practice (12 credit hours) (Other Professional Degree)</b>	<b>Credit</b>	<b>Term &amp; Year</b>
Course Transfer #1	3	
Course Transfer #2	3	
Course Transfer #3	3	
NUTR 05104 Gut Microbiome, Nutrition, & Behavior	3	
CAPS 08105 Professional Track	3	
	<b>Total Credits</b>	

## Masters of Science in Nutrition and Human Performance 2020-2021 Academic Degree Plan

<b>Health Education &amp; Promotion (12-15 credit hours)</b>	Credit	Term & Year
HLTS 06103 Program Planning & Assessment	3	
HLTS 06101 Health Education Concepts & Theories	3	
HLTS 06102 Media, Technology, & Public Health	3	
NUTR 08103 Thesis (3) & MATH 06101 Statistics (3) <b>or</b>	6	
NUTR 08101 Internship <b>or</b>	6	
CAPS 08105 Professional Track	3	
	<b>Total Credits</b>	

<b>Nutritional Wellness - CHOOSE 3 courses plus the applicable Capstone (12-15 credit hours)</b>	Credit	Term & Year
NUTR 05103 Nutrition & Physical Performance	3	
NUTR 05201 Survey of Sustainable Food Systems	3	
HLTS 06103 Program Planning & Assessment	3	
NUTR 06203 Nutrition in Pain and Inflammation	3	
NUTR 06301 Geriatric Nutrition	3	
NUTR 05104 Gut Microbiome, Nutrition, & Behavior	3	
NUTR 08103 Thesis (3) & MATH 06101 Statistics (3) <b>or</b>	6	
NUTR 08101 Internship <b>or</b>	6	
CAPS 08105 Professional Track	3	
	<b>Total Credits</b>	

<b>Sports &amp; Fitness Nutrition - CHOOSE 3 courses plus the applicable Capstone (12-15 credit hours)</b>	Credit	Term & Year
NUTR 05103 Nutrition & Physical Performance	3	
PSYH 06202 Psychology of the Athlete	3	
NUTR 06101 Nutritional Assessment of Athletes	3	
NUTR 06203 Nutrition in Pain and Inflammation	3	
NUTR 05104 Gut Microbiome, Nutrition, & Behavior	3	
NUTR 08103 Thesis (3) & MATH 06101 Statistics (3) <b>or</b>	6	
NUTR 08101 Internship <b>or</b>	6	
CAPS 08105 Professional Track	3	
	<b>Total Credits</b>	

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Advisor Signature: \_\_\_\_\_ Date: \_\_\_\_\_

\*Director Signature: \_\_\_\_\_ Date: \_\_\_\_\_

\*Director signature only required for approval of courses not on the standard ADP