

Performance Health Rehab Certificate



A 36-hour, 3 weekend course leading to a Rehab Specialist Certificate. Additionally, your full 36 hours will apply as credit hours toward the DACRB requirements for completion.

This is a new curriculum especially designed for practitioners interested in serving sports medicine, rehabilitation, health, and fitness patients. The course instructors share their 'personal best' from the examination, assessments, motions, and routines that really make a difference to treat challenging cases.

Why attend the Performance Health Model of Rehab/ Active Care?

- Evidence-based through rigorous research / experienced instructors
- Total Solutions: Cryotherapy, Therapeutic Exercise, Taping, Pain Management, Patient Care and Performance
- Implementation of chiropractic specific protocols with a library of exercises
- Products and marketing support for both in-office and retail sales

**36
HRS**

credited toward
the DACRB full
program



Register at Logan.edu/PostGrad or call 1-800-842-3234

WHAT: This seminar is valid for CE credits in "pre-approved" states, so long as it falls within the scope of practice as outlined by the corresponding state board. To see if your state is on the approved list for continuing education credit, please call Logan PostGrad department at 1-800-842-3234.

WHEN: August 25th-26th, September 8th-9th, October 6th-7th

WHERE: Logan University, Chesterfield, MO

What you take away from this exciting new program



This 3 weekend, 36-hour course is designed to provide established Chiropractic professionals and students with a new skill set that blends evidence-based sports medicine, exercise rehabilitation, orthopedics, neurology and functional assessments.

You will learn the latest trends in interpretation of functional movement tests and outcomes, group fitness, time-efficient treatments, effective muscle balancing techniques, body weight and band workout methods, obesity, chronic pain, healthy aging and other innovative methods to enhance treatment and recovery.

On the business side you will learn to recognize that everything from your reception desk to check out is an opportunity to educate your patients and grow your practice. Your patients will know you are serious about exercise as an important tool in their recovery.

Join our team and earn a new PHRC (Performance Health Rehab Certificate) that integrates a full learning experience that prepares you for the day-to-day management of assessing and treating real cases.

Module 1 Key Takeaways

- Introduction to Active Care Model
- Define Key Outcome Assessment Tools (**OAT**)
- Movement Assessments / Mobility and Stability
- Exercise Sequencing and Progression
- Kinesiology Taping Concepts
- (**POLITE**) Plan, Optimal Loading, Instruments, Tape, Exercise
- The Business of Rehab
- Performance Health Edge™

Module 2 Key Takeaways

- The Patient Evaluation Process from “Head to Toe”
- Defining Diagnosis/Exercise Interventions/Taping (**DET**)
- Upper Body Assessment with **DET**
- Lower Body Assessment with **DET**
- Posterior Chain Re-Programming
- Upper Crossed Syndrome “Key Eight” with **DET**

Module 3 Key Takeaways

- Posture Assessment and Importance
- (**OAT**) Specific to Upper and Lower Extremity Evaluation
- Bunkie Tests evaluation for Functional Core
- Anterior and Posterior Chain with (**DET**)
- Key Conditions Affecting Upper and Lower Extremities with (**DET**)
- Key Concerns affecting Special Populations

Meet the instructors



Dr. Jeff Tucker

- Practicing in Los Angeles since 1982
- Highly specialized practice in wellness care and advanced rehab procedures for his patients.
- Writes monthly for a number of Chiropractic publications on a variety of subjects.
- Board member and officer for DACRB
- Primary instructor of diplomat programs for Rehab board



Dr. Debbie Denno

- Graduate of Logan College of Chiropractic with 27 years of practice experience
- Associate Professor at Cleveland University-Kansas City teaching NMS diagnosis and soft tissue technique
- Lectures on assessment and management of extremity complaints
- Multiple Tape Technique certifications, FAKTR certified
- Instruction in SFMA, McKenzie (Lumbar & Cervical/Thoracic)